

Kindergarten Readiness Skills Checklist

			Skill Deficit	Proficient	Unobserved
Self-Regulation	1	Resolves conflicts in socially acceptable ways (e.g., uses language or seeks adults)			
	2	Controls feelings of frustration, distress, and anxiety when challenged			
	3	Uses words to express feelings			
Relationships	4	Establishes relationships with familiar adults			
	5	Seeks out and maintains an ongoing friendship with at least one other child			
	6	Expresses empathy and caring for others (e.g., shows concern for others)			
	7	Follows steps in simple social interaction routines (e.g., takes turns speaking, greets people)			
Social-Membership	8	Takes turns in group activities			
	9	Shares materials with peers			
	10	Plays cooperatively with others during activities			
Follow Rules & Routines	11	Follows daily routines			
	12	Follows simple school rules (e.g., sits in circle, waits for a turn, works w/o interrupting others)			
	13	Tells the consequences of not following rules			
	14	Follows directions and responds to limits set by teacher			
	15	Changes activities and/or focus in response to teacher/adult request			
Initiative/Curiosity	16	Seeks out and interacts with a variety of activities, objects, books, and materials			
	17	Exhibits a willingness to approach new challenges			
	18	Asks questions and seeks information			
	19	Shows a curiosity and independent interest in activities			
Persistence	20	Learns new skills through perseverance and repetitive practice			
	21	Sees a simple task to completion			
	22	Concentrates on tasks despite interruptions			
	23	Continues to work beyond what is easy			
Attention	24	Watches and listens to stories to completion (ten or more minutes)			
	25	Stays on task during adult-directed activities (ten or more minutes)			

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Self-Direction	26	Makes choices after considering alternatives			
Cognitive Skills	27	Counts a number of items up to five			
	28	Recalls information about the immediate past			
	29	Identifies objects that do and do not belong in a group			
	30	Applies previously learned information about new situations			
General Knowledge	31	Gives name, age, and gender upon request			
	32	Names members of his/her family and their relationship			
	33	Gives information about where he/she lives			
	34	Recognizes 5 colors			
	35	Identifies circles and squares			
	36	Identifies categories of common objects (e.g., animals, cars, food)			
Communication	37	Communicates needs and wants			
	38	Shares information and ideas using multiple words			
	39	Listens to gather information			
	40	Asks for help			
	41	Follows directions			
	42	Engages in reciprocal conversations with familiar adults and peers			
	43	Uses speech that is understandable			
Early Reading	44	Recognizes own name in isolated print			
	45	Points to and names at least six letters			
	46	Holds books right side up, looks at and turns pages			
Early Writing	47	Uses the correct grasp of writing tool			
	48	Draws pictures or symbols to share an idea with someone			
	49	Copies or writes own name			

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	50	Dictates something for an adult to write down			
Tells Stories	51	Tells and retells familiar stories			
	52	Tells simple story from pictures and books			
	53	Asks and answers simple questions about a story being read			
	54	Talks about a story being read			
	55	Tells one thing that happens in a familiar story			
Health and Safety	56	Identifies source of pain or discomfort			
	57	Disposes of bodily wastes in sanitary ways			
	58	Removes and puts on clothing with limited assistance			
	59	Brushes teeth daily and practices good oral hygiene			
	60	Completes basic responsibilities related to daily needs (washes, toileting)			
	61	Follows basic health and safety rules			
	62	Identifies potentially harmful substances and takes appropriate action			
Energy/Stamina	63	Completes daily routines independently and with sufficient energy			
	64	Actively explores the entire environment, indoors, and outdoor			
	65	Participates actively in games, play, and other forms of exercise that enhance physical fitness			
	66	Is rested sufficiently to engage in normal routines			
Mobility, Access, Manipulation	67	Moves independently and effectively			
	68	Maintains control and balance in stationary positions (e.g., sitting, standing) to access table or floor activities			
	69	Uses various eating utensils to feed self independently			
	70	Appropriately manipulates toys, learning materials (e.g., scissors, writing tools), and objects			