



INFORMED CONSENT FOR IN-PERSON SERVICES DURING COVID-19 PUBLIC HEALTH CRISIS

This document contains important information about the decision between client and Wheels of Wellness Behavioral Consulting to resume limited in-person services in light of the COVID-19 public health crisis. Please read this document carefully and notify your clinician if you have any questions. After this document has been signed, it becomes an official agreement between client and clinician.

Decision to Meet Face-to-Face

We (the client and the service provider), have agreed to meet in person for some and/or all future service sessions. If there is a resurgence of the pandemic or if other health concerns arise, the service provider may require that services continue via Telehealth. If the client has concerns about meeting via Telehealth, the service provider will communicate with the client to address the concerns. The client understands that, if the service provider deems it is necessary, services may only be available via Telehealth for everyone's well-being.

If at any time the client decides they feel safer staying with, or returning to Telehealth services, the service provider will respect the client's decision, as long as it is feasible and clinically appropriate.

Risks of Opting for In-Person Services

The client understands that by receiving services on site they are assuming the risk of exposure to the coronavirus. This risk may increase if the client travels by public transportation, cab, or ridesharing service. At this time Wheels of Wellness is not currently offering in-home services. In the event that Wheels of Wellness begins to offer in-home services the aforementioned risks still apply.

Client's Responsibility to Minimize their Exposure

To obtain services in-person, the client agrees to take certain precautions which will help keep everyone (the client, the service provider, their families, service provider's colleagues and other patients) safe from exposure, sickness and possible death. If client does not adhere to these safeguards, it may result in starting / returning to a Telehealth arrangement.

Initial each bullet point below that you understand and agree to the terms:

- _____ The client will only keep their in-person appointment if they are symptom free.
- _____ The client will take or have their temperature taken before coming to each appointment. Note: If the client's temperature is elevated (100.4 Fahrenheit or higher), or if the client has other symptoms of the coronavirus, the client agrees to cancel the appointment or proceed using Telehealth.

- _____ The client will arrive not earlier than 5 minutes before their scheduled appointment and will wait in their car, outside of the office or in a designated waiting area until their appointment time.
- _____ The client agrees to have a laser thermometer temperature scan upon arrival.
- _____ The client will wash their hands or use alcohol-based hand sanitizer upon entering the clinic.
- _____ The client will adhere to the safe and social distancing protocol of the clinic. For example, the client cannot move chairs or furniture or sit where there is a sign that says, “Do not sit here.”
- _____ Anyone coming into the clinic must wear a mask (i.e. the client, the service provider, etc.). If your child is unable to wear a mask or face shield, please discuss with a clinician.
- _____ There will be no physical contact and service provider will reinforce a distance of 6 feet between client and service provider (i.e. no shaking hands or high fives, etc.).
- _____ The client will do their best not to touch their face or eyes with their hands. If they do, they will immediately wash or sanitize their hands.
- _____ If a parent/caregiver brings a child to the clinic, the parent/caregiver will make sure that the child follows all the sanitation and distancing protocols.
- _____ The client will take steps between appointments to minimize their exposure to COVID.
- _____ If the client or their immediate family members have jobs or engage in activities that exposes the client or immediate family members to other people who are or may be infected with COVID-19 the client will immediately notify the service provider.
- _____ If a family member or someone living in the client’s home tests positive for COVID-19, the client will be responsible for immediately notifying the service provider and Telehealth sessions will begin or resume for service.

The service provider may change any of the above guidelines if local, state or federal orders are put in place or recommendations are announced or updated. If that occurs, the service provider will communicate any necessary changes to the client.

Service Providers Commitment to Minimize Exposure

The service provider has taken the necessary steps to reduce the risk of spreading the coronavirus within the clinic and have posted their efforts on the Wheels of Wellness’ website and in the clinic. Please let the service provider know if you have questions.

If the Client or the Service Provider Are Sick

The client understands that the service provider is committed to keeping everyone safe from the spread of this virus. If you, the client show up for an appointment and the service provider [or any clinic staff] believe that you (the client) exhibit any symptoms of Covid-19 such as a fever, a cough, show signs of breathing difficulty or other symptoms, or we believe you have been exposed, the service provider will ask you to leave the office immediately. The service provider will communicate with the client to start or continue with Telehealth services if appropriate.

If the service provider [or the clinic staff] test positive for the coronavirus, the service provider will notify the client so they can take appropriate steps and precautions.

Client Confidentiality in the Case of Infection

If the client has tested positive for the coronavirus, the service provider may be required to notify local health authorities that the client has been in the clinic. If the service provider has to report this, the service provider will only provide the minimum information necessary for data collection and will not disclose any reason(s) for the clinic visit. This information will first be discussed with the parent/guardian.

By signing this form, the client (a parent or guardian if client is a minor) is/are agreeing that the service provider may do so without an additional signed release.

Informed Consent

This agreement supplements the general informed consent/business agreement that the client and the service provider agreed to at the start of their working relationship.

By signing below, you the client (parent/guardian if client is a minor) agree to the terms and conditions of this document.

Patient/Client

Date

Service Provider/Clinician

Date

Clinic Safety Precautions in Effect During the Pandemic

The clinic is taking the following safety precautions to protect our patients and help slow the spread of the coronavirus.

- Parents are not permitted to wait inside of the clinic for their children.
- Parents must drop off their children at a designated door, which will be determined by service provider.
- All service providers are required to wear masks.
- All adults are required to wear a mask. Children are required at this time to wear masks if child is unable to wear a mask or face shield this should be discussed with your clinician.
- Disposable masks will be available if a child forget to bring one to the clinic.
- Service providers will adhere to social distancing protocols.
- There will be no more than 2 service providers and 6 clients utilizing the clinic at any one time. Services will be separated by “zones” and designated areas will be assigned to uphold social distancing guidelines in San Mateo County.

- Prior to starting any services, clients and service providers will wash their hands via hand washing in the restroom or hand sanitizing solutions.
- The clinic uses hand sanitizer that contains at least 70% alcohol as recommended by CDC.
- Service providers will schedule appointments at specific intervals to ensure everyone's safety.
- Service providers ask all clients to wait in their cars or outside of the clinic until a service provider retrieves them. Clients should not congregate outside of the door unless they are utilizing social distancing and wearing a mask.
- Limited materials will be placed in common areas and areas that are commonly touched are thoroughly sanitized after each use.
- Staff will sanitize restroom in between clients and no more than one person may enter the restroom area at a time.
- Physical contact is not permitted.
- During this time there will be no snacks or use of the water cooler at the clinic. Clients are discouraged from eating in the clinic, but may bring a personal water bottle with their name labeled.
- Tissues and trash bins are easily accessed. Trash is disposed of on a daily basis.
- The clinic will be thoroughly disinfected at the end of each day and sanitized weekly via a professional cleaning service.
- All clients will have their temperature taken by service provider via laser thermometer before entering the clinic. If the client has a temperature of 100.4 F or higher, they will not be allowed in the clinic.
- Parents and families agree that if a child exhibits any symptoms they will immediately pick up child in a designated area.
- Children will be asked a series of risk assessment questions before entering clinic.